

WHY PROMOTE POSITIVE MENTAL HEALTH AND WELLBEING AROUND THE WORLD?

Let's imagine that we are in a court room and we are presenting arguments both for and against the promotion of prioritising mental health and wellbeing.



You wish to turn this into a class debate!

Arguments For Prioritising Mental Health and Wellbeing

Arguments Against Prioritising Mental Health and Wellbeing

Large empty white rounded rectangular box for writing arguments for prioritising mental health and wellbeing.

Large empty white rounded rectangular box for writing arguments against prioritising mental health and wellbeing.

LET'S WRITE A POLICY FOR POSITIVE MENTAL HEALTH AND WELLBEING



In Governments around the world, politicians create policies to help their ideas become something that everyone then follows. Do you have an idea for making mental health and wellbeing better around the world? Can you create a policy that shares this idea with others?



LET'S PRIORITISE MENTAL HEALTH AND WELLBEING AROUND THE WORLD

In order to prioritise mental health and wellbeing around the world, we need to share reasons why it is important and ideas for practicing positive mental health and wellbeing in our everyday lives. Can you create a poster to encourage others to make it a priority in their lives?

