

Celebrating Earth Day! Nature Discovery Bottles

You will need:

5



clear bottles.

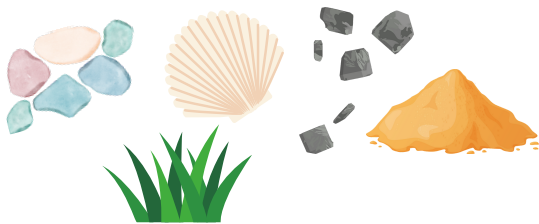
A selection of found materials, such as shells, rocks, sand or flowers.



Instructions:

START
1

Choose 5 different materials to collect to fill your bottles.



2

Fill your bottles with your collected materials.



3



Look closely at your discovery bottles, notice yourself feeling calming!

