

'My Voice Matters' Comic

The theme for Children's Mental Health Week 2024 is 'My Voice Matters'. We all have a right to communicate, use our voice, and share our thoughts with others around us. Think about a time when you used your Voice. It might be a time when you asked for help, when you shared your BIG feelings, or when you stood up for something you believed in! Create a Comic strip to represent that time to inspire others to use their Voice!

