

Tell me about
your day!

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What was your
favourite part
of today?

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What are
you looking
forward to
tomorrow?

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What can I do
to help you?

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What was your
favourite part
of this week?

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What are
you looking
forward to
this week?

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Can you
name your BIG
feelings?

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What is
bothering you
right now?

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What are you
worried about?

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If you could
change 1 thing
right now, what
would it be?

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What is making
you feel [BIG
feeling]?

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How can I
support your
BIG feelings
better?

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What do you
need from me
right now?

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Can you
name your BIG
feelings?

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What is
bothering you
right now?

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